



Menu Week 1



Monday
13-Apr-26

Tuesday
14-Apr-26

Wednesday
15-Apr-26

Thursday
16-Apr-26

Friday
17-Apr-26

Meal Plan/ Ala-Carte Options

Bamboo

Thai Green Curry (Vegetarian)
Chickpeas + Roasted Squash + Aubergine + Steamed Jasmine Rice

Stirred Fried Noodle served with Sliced Chicken, Vegetables in Homemade Sze Chuan sauce

Firecracker Chicken Curry
Tamarind + Chili + Ginger + Soy

Korean Chicken Rice Bowl
Fried Egg + Citrus Radish Salad

Udon Noodle Soup with Seaweed, Japanese Fish Cake, Tofu, Sliced Chicken, Hard Boiled Egg

Licious

Pasta – Pennei Pasta
tomato sauce & Rich cream sauce
Protein – Beef meatball

Pasta – Spaghetti Pasta
tomato sauce & Rich cream sauce
Protein – Roasted Cajun Chicken

Pasta – Fusilli pasta
tomato sauce & Rich cream sauce
Protein – Seared Fish

Pasta – Linguine pasta
tomato sauce & Rich cream sauce
Protein – Chicken Meatballs

Braised Beef Soup
Yellow Noodle
Sio Pei Chye

Saver

Teriyaki Chicken Rice Bowl
Grilled chicken, Roasted Red Capsicum, Edamame, Brown Rice, Teriyaki Sauce

Plant base chicken Curry Rice (vegetarian)
Cauliflower and Corn

Vegetable Bake (Vegetarian)
Garlic bread

Thai Green Mixed Vegetables (Vegetarian)
Noodle Stir Fry

BBQ Chicken Wings
BBQ Beans
French Fries

Chim & Tu

Sichuan Sliced Beef with Onion and Dried Chilli
Steamed Rice
White Cabbage with Beancurd Skin

Assorted Yong Tao Fu with Chilli Black Bean Sauce
Steamed Rice
Nai Bai Vegetables

Teriyaki Salmon Fish
Garlic Fried Rice
Stirred Fried Long Cabbage with Carrot and Mushroom

Sticky Fish with Honey Soy Sauce
Steamed Rice
Stir Fried Cabbage and Carrot

Vegetarian Hor Fun
Stir Fried Xiao Bai Cai
Fried Vegetable Gyoza

The Deli

salad Bowl
Garden fresh wrap

Classic BLT
Turkey Bacon, Tomato, Lettuce, Cheese, Paprika Mayo

salad Bowl
Garden Fresh Wrap

Toasted Panini Bread
Turkey Ham, Cranberry, Swiss Cheese

Grilled Chicken Mojo Cubano
Chicken + Beef Salami + Swiss Cheese + Mustard + Pickle

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Allergen:





Menu Week 2



Monday
20-Apr-26

Tuesday
21-Apr-26

Wednesday
22-Apr-26

Thursday
23-Apr-26

Friday
24-Apr-26

Meal Plan/ Ala-Carte Options

Chim & Tu

<p>Tossed Honey Chicken</p> <p>Steamed Rice</p> <p>Oven Baked Eggplant and Zucchini</p>	<p>Baked Light Teriyaki Plant Base Chicken (Vegetarian)</p> <p>Steamed Rice, Asian Broccoli & Carrot</p>	<p>Char Siew Chicken Rice</p> <p>Flavour Rice</p> <p>Stir Fried Xiao Bai Cai</p>	<p>Asian Fried Fish with Lemon Coriander Sauce</p> <p>Steamed Rice</p> <p>Long Cabbage and Mushroom</p>	<p>Sliced Beef with Ginger & Spring Onion in Vegetarian Oyster Sauce</p> <p>Glass Noodles</p> <p>Stir Fried Cabbage and Carrot</p>
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Licious

<p>Pasta – Pennei Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Beef meatball</p>	<p>Pasta – Spaghetti Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Roasted Cajun Chicken</p>	<p>Pasta – Fusilli pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Seared Fish</p>	<p>Pasta – Linguine pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Chicken Meatballs</p>	<p>Braised Beef Soup</p> <p>Yellow Noodle</p> <p>Sio Pei Chye</p>
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The Chicken Shop

<p>Buttermilk Chicken Burger</p> <p>Slaw, Pickles, Spicy Mayo, Root Veg Chips</p>	<p>Pollo a La Brasa</p> <p>Chicken Drumstick Marinated in an Authentic Peruvian Sauce, Spiced Corn Salsa</p> <p>Steamed Rice</p>	<p>Crispy Chicken Taco</p> <p>Crispy Chicken, Slaw, Paprika Roasted Corn, Smashed Avo Guac, Sour Cream, Grated Cheese</p>	<p>Spicy Texas Veggie Burger (Vegetarian)</p> <p>Chipotle Mayo +Jalapenos + Cheddar Cheese Sides; Sweet Pot Fries, Crunchy Courgette Fries</p>	<p>South Texan Rubbed Chicken Thigh</p> <p>South Texan Rubbed Chicken Thigh Sides; Roasted Sweet Pots, Pit Beans, Red Cabbage Salad</p>
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Casa Loco

<p>Herb Roasted Cauliflower Taco</p> <p>Roasted Cauliflower, Slaw, Paprika Roasted Corn, Smashed Avo Guac, Sour Cream, Grated Cheese (Vegetarian)</p>	<p>Nacho Loco</p> <p>Corn Chips, Braised Beef Chilli, Onion, Tomato, Scallions, Melted Cheese & Sour Cream</p>	<p>'Plant Milk' Soya fillet (Vegetarian)</p> <p>Mango Relish & Chipotle Sauce Sides; Buttermilk Fennel & Corn Slaw Potato Wedges, Charred Corn Cob</p>	<p>Braised Beef Burritos</p> <p>Spiced Braised Beef, Mexican beans, Lettuce, Tomatoes, Avocado, Signature Sauce</p>	<p>Vegetarian fish finger</p> <p>Roasterd Potatoes Slaw, Paprika Roasted Corn, Sour Cream</p>
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The Deli

<p>salad Bowl</p> <p>Garden fresh wrap</p>	<p>Crispy chicken sandwich</p> <p>Crispy Chicken, lettuce, spicy mayo</p>	<p>salad Bowl</p> <p>Garden fresh wrap</p>	<p>Lightly Toasted Panini</p> <p>Beef Salami, Sundried Tomato, Mozzarella, Basil</p>	<p>Chicken Banh Mi</p> <p>Marinated Chicken + Crunchy Veg + Pickled Chili + Coriander</p>
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Allergen:





Menu Week 3



Monday
27-Apr-26

Tuesday
28-Apr-26

Wednesday
29-Apr-26

Thursday
30-Apr-26





Friday
1-May-26
Labour Day (Public Holiday)

Meal Plan/ Ala-Carte Options





The Good Catch

<p>Plain Grilled Fish of the Day</p> <p>Extra; Rustic Mash, Mushy Peas/Garden Peas, Baked Bean, Pickled Onion, Gherkins</p> 	<p>Tofu-ish and Chips (Vegetarian)</p> <p>'Plant' Tartare Sauce</p> <p>Extra; Chunky Chips, Mushy Peas/ Garden Peas, Baked Beans, Pickled Onions, Gherkins</p> 	<p>Indian Spiced Battered Fish</p> <p>Spiced Chips + Smashed Edamame Beans + Masala Mayo</p> <p>Extras; Sweet Potato Fries, Mushy Peas / Garden Peas, Baked Beans, Pickled Onions, Gherkins</p> 	<p>Fish & chip</p> <p>Peppery Watercress + Tartare Sauce</p> <p>Extras; Chunky Chips, Mushy Peas / Garden Peas, Baked Beans, Pickled Onions, Gherkins</p> 	
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Licious

<p>Pasta – Pennei Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Beef meatball</p> 	<p>Pasta – Spaghetti Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Roasted Cajun Chicken</p> 	<p>Pasta – Fusilli pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Seared Fish</p> 	<p>Pasta – Linguine pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Chicken Meatballs</p> 	
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Saver (Super Saver Bowls)

<p>Korean Ground Beef Bowl (vegetarian)</p> <p>Rice, plantbase beef, Pickled carrot and onion, Shredded Fried egg, Sriracha</p> 	<p>Buffalo Chicken Bowl</p> <p>Quinoa, Sweet Potato, Carrots, Pickled Onions, Avocado, Ranch dressing</p> 	<p>vegetarian</p> <p>House Baked Jacket Potato</p> <p>Choice of toppings Baked Beans, Shredded Cheese, Sour Cream, s, Spring Onion, Diced Tomato,</p> 	<p>vegetarian</p> <p>Mojo Chicken and Rice Bowl</p> <p>plantbase chicken chickpea, Mango, Red Onion, Avocado, Fresh Herbs and Lime</p> 	
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Chim & Tu


<p>Hainanese Chicken Rice</p> <p>Chicken Flavour Rice</p> <p>Stir Fried Xiao Bai Cai</p> 	<p>Steamed Seabass Ginger + Spring Onion</p> <p>Bee Tai Mak</p> <p>Asian Cauliflower, Carrot</p> 	<p>Kung Pao Chicken</p> <p>Steamed Rice</p> <p>Steamed Cauliflower and Green Pea</p> 	<p>Nyonya Coconut Curry</p> <p>with Noodle and Fish Cake</p> 	
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The Deli

<p>salad Bowl</p> <p>Garden fresh wrap</p> 	<p>Chicken Caesar Wrap</p> <p>Cos Lettuce + Italian Cheese</p> 	<p>salad Bowl</p> <p>Garden fresh wrap</p> 	<p>Lightly Toasted Panini</p> <p>Tuna, Sweet Corn, Mozzarella, red onion</p> 	
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Allergen:






Menu Week 4



Monday

4-May-26

School Holiday

Tuesday

5-May-26

Wednesday

6-May-26

Thursday

7-May-26

Friday

8-May-26

Meal Plan/ Ala-Carte Options

The Good Stuff

Saffron Chicken Tagine Herb Roasted Chickpeas

Local Cauliflower & Mushroom



Moroccan Lamb Stew Herbed Cous Cous With Pomegranate

Asian Cauliflower, Carrot and Capsicum



Braised Lentils with Butternut Squash and Merguez Sausage

Steamed Rice



Baked Chicken Sausage & Gratin Potato

Chicken Sausage, Baked Sliced Potato with Onion, Cream and topped with Cheese



Licious

Pasta – Spaghetti Pasta
tomato sauce & Rich cream sauce

Protein – Roasted Cajun Chicken



Pasta – Fusilli pasta
tomato sauce & Rich cream sauce

Protein – Seared Fish



Pasta – Linguine pasta
tomato sauce & Rich cream sauce

Protein – Chicken Meatballs



Braised Beef Soup

Yellow Noodle

Sio Pei Chye



Saver
(Super Saver Bowls)

Crunchy Roll bowl (Vegetarian)

Edamame, Brown Rice, Fried Tofu, Avocado, Cucumber, Jalapeno, Teriyaki Dressing



Hot Honey Chicken Bowl

Roasted marinated Chicken, Slaw, Roasted Sweet potato, Tangy dressing



Thai Coconut Quinoa Bowl (Vegetarian)

Coconut Quinoa, Roasted Sweet Potato, Cabbage salad, Thai Spicy dressing



Japanese Teriyaki tofu Rice Bowl

Steamed Broccoli, Carrots, Edamame



Chim Tu

Taiwanese Style Beef
Bee Hoon with Vegetables
Asian Cauliflower, Carrot and Capsicum



Tso beancurd
Eggless Fried Rice
Local Cauliflower & Mushroom



Thai Basil Minced Chicken
Steamed Rice
Cabbage and Long Beans



Sticky Fish with Honey Soy Sauce
Steamed Rice
Stir Fried Long Cabbage and Carrot



The Deli

Chicken Tikka Wrap
Cos Lettuce, pickled Red Onion, Yogurt Dressing



salad Bowl
Garden fresh wrap



Tuscan Chicken Wrap
Roasted chicken, Mozzarella, Basil, Ripe tomato, creamy Italian dressing



Chicken Banh Mi
Marinated Chicken, Crunchy Veg, Pickled Chili, Coriander



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Allergen:





Menu Week 5



Monday
11-May-26


























Tuesday
12-May-26

Wednesday
13-May-26

Thursday
14-May-26

Friday
15-May-26

Meal Plan/ Ala-Carte Options

Bamboo	<p>Thai Green Curry (Vegetarian)</p> <p>Chickpeas + Roasted Squash + Aubergine + Steamed Jasmine Rice</p> 	<p>Tantanmen Ramen</p> <p>Spicy Chicken topper, Savory Soup, Noodles, Bok Choy, Egg</p> 	<p>Vegetables in Hot Garlic Sauce (Vegetarian)</p> <p>Steamed Rice and Chilli Jam</p> 	<p>Sweet & Sticky Orange Chicken</p> <p>Fragrant rice, Fried Shallot, Stir Fried Xiao Bai Cai</p> 	<p>Stirred Fried Noodle served with Sliced Chicken, Vegetables in Homemade Sze Chuan sauce</p> 
Licious	<p>Pasta – Penne Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Beef meatball</p> 	<p>Pasta – Spaghetti Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Roasted Cajun Chicken</p> 	<p>Pasta – Fusilli pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Seared Fish</p> 	<p>Pasta – Linguine pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Chicken Meatballs</p> 	<p>Braised Beef Soup</p> <p>Yellow Noodle</p> <p>Sio Pei Chye</p> 
Saver (Super Saver Bowls)	<p>Teriyaki Chicken Rice Bowl</p> <p>Grilled chicken, Roasted Red Capsicum, Edamame, Brown Rice, Teriyaki Sauce</p> 	<p>Crispy Buffalo Chicken Bowl</p> <p>Jasmine Rice, Celery, Carrot, Avocado, Green Onion, Ranch Dressing</p> 	<p>Sweet Chili Chicken Meatball Bowl</p> <p>Cabbage, Jasmine Rice, Spring onion</p> 	<p>Ginger Beef & Broccoli Bowl</p> <p>Carrot, Capsicum, Jasmine Rice, Spring Onion</p> 	<p>Beef Curry Rice Burger Bowl(vegetarian)</p> <p>plantbase beef Pattie, Scented Rice, Cauliflower and Corn</p> 
Chim & Tu	<p>Sichuan Sliced Beef with Onion and Dried Chilli</p> <p>Steamed Rice</p> <p>White Cabbage with Beancurd Skin</p> 	<p>Sweet & Sour Beancurd</p> <p>Fried Kuay Teow</p> <p>Stir Fried Cabbage and Carrot</p> 	<p>Teriyaki Seabass Fillet</p> <p>Steamed Rice</p> <p>Steamed Broccoli and Carrot</p> 	<p>Chinese Noodle with Mushroom</p> <p>Stir Fried Xiao Bai Cai</p> <p>Fried Vegetable Gyoza</p> 	<p>Assorted Yong Tao Fu with Chilli Black Bean Sauce</p> <p>Steamed Rice</p> <p>Nai Bai Vegetables</p> 
The Deli	<p>salad Bowl</p> <p>Garden fresh wrap</p> 	<p>Big Mac Crunch Wrap</p> <p>Mac Sauce, Ground Beef, American Cheese, Pickles, Lettuce, Onions</p> 	<p>salad Bowl</p> <p>Garden fresh wrap</p> 	<p>Giro Sandwich</p> <p>Shawarma Chicken, Lettuce, Tomato, Garlic Sauce, Fresh Pita</p> 	<p>Classic BLT</p> <p>Turkey Bacon, Tomato, Lettuce, Cheese, Paprika Mayo</p> 

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Allergen:





Menu Week 7



Monday
25-May-26

Tuesday
26-May-26

Wednesday
27-May-26
Hari Raya Haji (Public Holiday)

Thursday
28-May-26


Friday
29-May-26

Meal Plan/ Ala-Carte Options

Bamboo	<p>Japanese Donburi Rice Bowls</p> <p>Te-ri-yak-ee Glazed Shrooms Baked Teriyaki Salmon + Pickled Cucumber</p> 	<p>Thai Yellow Curry (Vegetarian)</p> <p>Coconut + Turmeric + Butternut + Soya</p> <p>Steamed Rice Broccoli and Carrot</p> 		<p>Sweet and Sour Fish</p> <p>Steamed Jasmine Rice + pineapple + peppers + onions</p> <p>Cabbage and Long Beans</p> 	<p>Chicken Chow Mein</p> <p>Egg noodles + Sliced chicken + Carrots + Cabbage + Spring onions</p> 
	<p>Pasta – Pennei Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Beef meatball</p> 	<p>Pasta – Spaghetti Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Roasted Cajun Chicken</p> 		<p>Pasta – Linguine pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Chicken Meatballs</p> 	<p>Braised Beef Soup</p> <p>Yellow Noodle</p> <p>Sio Pei Chye</p> 
	<p>Mixed Vegetable, Chickpea Tagine</p> <p>Tabbouleh (Vegetarian)</p> 	<p>Citrus Chicken</p> <p>Egg Fried Rice, Broccoli and Carrot</p> 		<p>Garlic bread</p> <p>baked vegetables</p> 	<p>Sweet & Sour Tofu Bowl (Vegetarian)</p> <p>Stir Fried Cabbage and Carrot</p> 
	<p>Honey Glaze Chicken</p> <p>Steamed Rice</p> <p>Oven Baked Eggplant and Zucchini</p> 	<p>Teriyaki Fish</p> <p>Steamed Rice</p> <p>Broccoli and Carrot</p> 		<p>Thai Basil Minced Chicken</p> <p>Steamed Rice</p> <p>Cabbage and Long Beans</p> 	<p>Korean Braised Sliced Beef</p> <p>Steamed Rice</p> <p>Stir Fried Cabbage and Carrot</p> 
	<p>salad Bowl</p> <p>Garden fresh wrap</p> 	<p>Chicken Caesar Wrap</p> <p>Cos Lettuce, Italian Cheese</p> 		<p>Roast Beef & Caramelised Onion Sandwich</p> <p>Sliced Roast Beef, Caramelised Onions, Baby Spinach, Mayo</p> 	<p>BBQ Chicken Toastie</p> <p>Shredded BBQ Chicken, Red Onion, Cheese</p> 

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Allergen:



Dairy Fish/Molasses Soy Eggs Gluten Sulphite Crustaceans





Menu Week 8



Monday

1-Jun-26

Vesak Day in Liew (Public Holiday)

Tuesday

2-Jun-26

Wednesday

3-Jun-26

Thursday

4-Jun-26

Friday

5-Jun-26

Meal Plan/ Ala-Carte Options

Chim & Tu

Chinese Noodle with Braised Chicken and Mushroom

Stir Fried Xiao Bai Cai

Fried Vegetable Gyoza



Char Siew Chicken Rice

Flavour Rice

Stir Fried Xiao Bai Cai



Asian Fried Fish with Lemon Coriander Sauce

Steamed Rice

Long Cabbage and Mushroom



Beancurd with Ginger & Spring Onion in Vegetarian Oyster Sauce

Glass Noodles

Stir Fried Cabbage and Carrot



Licious

Pasta – Spaghetti Pasta

tomato sauce & Rich cream sauce

Protein – Roasted Cajun Chicken



Pasta – Fusilli pasta

tomato sauce & Rich cream sauce

Protein – Seared Fish



Pasta – Linguine pasta

tomato sauce & Rich cream sauce

Protein – Chicken Meatballs



Braised Beef Soup

Yellow Noodle

Sio Pei Chye



The Chicken Shop

Hawaiian Beef Burger

Teriyaki-glazed Beef Patty, grilled pineapple, lettuce, mayo



Crispy Chicken Taco

Crispy Chicken, Slaw, Paprika Roasted Corn, Smashed Avo Guac, Sour Cream, Grated Cheese



Spicy Texas Veggie Burger **(Vegetarian)**

Chipotle Mayo +Jalapenos + Cheddar Cheese Sides; Sweet Pot Fries , Crunchy Courgette Fries



South Texan Rubbed Chicken Thigh

South Texan Rubbed Chicken Thigh Sides; Roasted Sweet Pots, Pit Beans, Red Cabbage Salad



Casa Loco

Huevos Rancheros Wrap **(Vegetarian)**

Scrambled Egg, Black Beans, Salsa, Cheese



'Plant Milk' Soya fillet **(Vegetarian)**

Mango Relish & Chipotle Sauce Sides; Buttermilk Fennel & Corn Slaw Potato Wedges, Charred Corn Cob



Braised Beef Burritos

Spiced Braised Beef, Mexican beans, Lettuce, Tomatoes, Avocado, Signature Sauce



Lime Roasted Chicken Taco

Lime Toasted Chicken, Slaw, Paprika Roasted Corn, Smashed Avo Guac, Sour Cream, Grated Cheese





Menu Week 9



Monday
8-Jun-26

Tuesday
9-Jun-26

Wednesday
10-Jun-26


Thursday
11-Jun-26

Friday
12-Jun-26


Meal Plan/ Ala-Carte Options

The Good Stuff

Beef & Mushroom Stroganoff Baked
Chicken, mushrooms, creamy paprika sauce, rice




Lentil Shepherd's Pie (Vegetarian)
Lentils, Tomato-based gravy, Creamy Mashed Potato




Beef Goulash
Beef Stew, Paprika, Onions, Bell Peppers, Potatoes

Baked Chicken Sausage & Gratin Potato
Chicken Sausage, Baked Sliced Potato with Onion, Cream and topped with Cheese




Mediterranean Vegetable Gratin (Vegetarian)
Zucchini, eggplant, tomatoes, potatoes, herbs, cheese



Licious


Pasta – Pennei Pasta
tomato sauce & Rich cream sauce
Protein – Beef meatball




Pasta – Spaghetti Pasta
tomato sauce & Rich cream sauce
Protein – Roasted Cajun Chicken



Pasta – Fusilli pasta
tomato sauce & Rich cream sauce
Protein – Seared Fish



Pasta – Linguine pasta
tomato sauce & Rich cream sauce
Protein – Chicken Meatballs




Braised Beef Soup
Yellow Noodle
Sio Pei Chye




Saver (Super Saver Bowls)


Summer grain Bowl with Green Goddess Dressing (Vegetarian)
Farro, cucumber, Sweet Corn, Peach, Cherry tomatoes, Basil, Coriander




Sweet Soy Glazed Fish Bowl
Steamed Bok Choy, Julienned Carrots, Edamame, Steamed Rice




Ratatouille With Cheese-topped Polenta (Vegetarian)
Stewed Zucchini, Eggplant, Bell Peppers, Tomato Sauce, Baked Polenta Rounds, Cheese Crust.



Japanese Teriyaki Sliced Beef Rice Bowl
Steamed Broccoli, Carrots, Edamame




Sliced Chicken Baked Mac & Cheese With Broccoli
Baked Mac & Cheese With Broccoli Elbow Pasta, Creamy Cheese Sauce, Chopped Broccoli




Chim & Tu


Teriyaki Baked Chicken
Egg Fried Rice
Sauteed Spinach and Carrot




Baked Chicken Satay Skewer with Satay Sauce
Coconut Rice
Sayur Lodeh



Thai Basil Minced Chicken
Steamed Rice
Cabbage and Long Beans



Sticky Fish with Honey Soy Sauce (plantbase fish stick)
Steamed Rice
Stir Fried Long Cabbage and Carrot



Assorted Yong Tao Fu with Chilli Black Bean Sauce
Steamed Rice
Nai Bai Vegetables



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Allergen:





Menu Week 2



Monday
15-Jun-26

Tuesday
16-Jun-26





Wednesday
17-Jun-26

Thursday
18-Jun-26





Friday
19-Jun-26
No Lunch

Meal Plan/ Ala-Carte Options

Chim & Tu

<p>Tossed Honey Chicken</p> <p>Steamed Rice</p> <p>Oven Baked Eggplant and Zucchini</p> 	<p>Baked Light Teriyaki Plant Base Chicken (Vegetarian)</p> <p>Steamed Rice, Asian Broccoli & Carrot</p> 	<p>Char Siew Chicken Rice</p> <p>Flavour Rice</p> <p>Stir Fried Xiao Bai Cai</p> 	<p>Asian Fried Fish with Lemon Coriander Sauce</p> <p>Steamed Rice</p> <p>Long Cabbage and Mushroom</p> 	
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Licious

<p>Pasta – Pennei Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Beef meatball</p> 	<p>Pasta – Spaghetti Pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Roasted Cajun Chicken</p> 	<p>Pasta – Fusilli pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Seared Fish</p> 	<p>Pasta – Linguine pasta</p> <p>tomato sauce & Rich cream sauce</p> <p>Protein – Chicken Meatballs</p> 	
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The Chicken Shop


<p>Buttermilk Chicken Burger</p> <p>Slaw, Pickles, Spicy Mayonaise, Root Veg Chips</p> 	<p>Pollo a La Brasa</p> <p>Chicken Drumstick Marinated in an Authentic Peruvian Sauce, Spiced Corn Salsa</p> <p>Steamed Rice</p> 	<p>Crispy Chicken Taco</p> <p>Crispy Chicken, Slaw, Paprika Roasted Corn, Smashed Avo Guac, Sour Cream, Grated Cheese</p> 	<p>Spicy Texas Veggie Burger (Vegetarian)</p> <p>Chipotle Mayo +Jalapenos + Cheddar Cheese Sides; Sweet Pot Fries , Crunchy Courgette Fries</p> 	
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Casa Loco

<p>Herb Roasted Cauliflower Taco</p> <p>Roasted Cauliflower, Slaw, Paprika Roasted Corn, Smashed Avo Guac, Sour Cream, Grated Cheese (Vegetarian)</p> 	<p>Nacho Loco</p> <p>Corn Chips, Braised Beef Chilli, Onion, Tomato, Scallions, Melted Cheese & Sour Cream</p> 	<p>'Plant Milk' Soya fillet (Vegetarian)</p> <p>Mango Relish & Chipotle Sauce Sides; Buttermilk Fennel & Corn Slaw Potato Wedges, Charred Corn Cob</p> 	<p>Braised Beef Burritos</p> <p>Spiced Braised Beef, Mexican beans, Lettuce, Tomatoes, Avocado, Signature Sauce</p> 	
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Allergen:



Dairy Fish/Molasses Soy Eggs Gluten Sulphite Crustaceans

